

Seafood Bistro & Grill



IMPORTANT NOTICE

If you have an allergy you MUST inform the duty manager who will assist you with your food order. Please do not ask or accept advice from waiters. For your assistance we have an allergy chart which will give you guidance but, again, please notify the manger before ordering any food.

ALLERGY KEY CHART

Contains Wheat	(W)
Contains Dairy	(D)
Contains Peanuts	(P)
Contains Shellfish	(S)
Contains Eggs	(E)
Contains Fish	(F)
Contains Sulphites	(SL)
Contains Molluscs	(M)
Contains Mustard	(MS)
Contains Chilli	(CH)
Contains Sesame Seeds	(SS)
Contains Soy	(SOY)
Contains Nuts	(N)
Contains Celery	(C)
Contains Lupines	(L)



TO START



FISH

11511	
Potted Smoked Haddock & Mussels	£14.95
Creamed cheddar & Dijon sauce, poac egg & wilted spinach. (D,S,F,M,E)	CHED
Whitebait	£14.95
WHITEBAIT WITH HOMEMADE Tartar Sauce. (W,F,E)	
Tuna Tartare (NEW) Diced yellowfin tuna, Mango, avo- cado, yuzu & truffle (stunning) (f,n, soy, citric fruit, SS)	£14.95
CAVIAR SERVED WITH BILINIS, SHALLOTS,) £25.00) £55.00
CRAB) 233.00
Crab Timbale Chancre Crab Pot Salad, freshly Picked White & Yellow Meat With Baby Tomatoes & Delicate Garden Herbs. (E,D,S)	£15.95
Crab & Avocado Salad	£15.95
Crab & avocado salad with a cherry tomato (E,F,S)	
Crab & Scallop Pancetta Crumble	£15.95
FRAGRANT CRAB, COMPRESSED MELON, Seared scallop finished with pancett. Crumble. (S,SU)	A
Crab Thermidor (NEW)	£17.95
FRESHLY PICKED CRAB MEAT SERVED IN A A Themidor Sauce on a bed of Aromatic Rice, Served in a Crab Shell (New) (d, S,SL)	
SCALLOPS	
Warm Scallop Salad	£14.95
Scallop salad with pancetta, bal- samic & marsala sauce. (MO,SU,D)	
Pan Fried Scallop & Belly Pork	£14.95
SEARED SCALLOPS WITH CRISP BELLY PORK, APPLE & VANILLA PUREE. (MO)	

Coquille Saint Jacque

Very French and Simply Delicious, scallops and coquilles in a classic Saint Jacques sauce with smooth mashed potato. (S,D) ¥.

Shelleish

£14.95

£14.95

Homemade Crab & lobster bisque with Aioli Croutes & Chive Snippets. (W,S,E,D)

Shellfish Bisque

Seafood Cocktail £14.95

Crab, prawn & smoked salmon cocktail, served in a bed of lettuce, topped with marie Rose sauce. $(W,\!S,\!E,\!F)$

Tempura Prawns

Four Deep fried tempura prawns with Asian slaw, goma & wasabi dipping sauces. (W,P,S,SS,ES, SOY)

Garlic King Prawns £14.95

Pan fried king prawns & chorizo served in garlic butter with toasted sea salt ciabatta bread. (w,sl,ch)



OYSTERS

Fresh Jersey oysters (6)	£15.95
Served on a bed of crushed rock salt, with a choice of vinaigrettes. (S,M	O,SU)
Simplicity Itself (6)	£15.95
With freshly squeezed lemon. (MO)	
Oysters Bloody Mary (6)	£17.50
Served with Greygoose vodka, freshly squeezed tomatoes, Worstershire sauce a drop of tabasco. (MO)	ē &
Grilled Oysters (6)	£16.95
Grilled with a cream and parmesan topping. (D,MO,MU,SU)	

A 10% discretionary service charge will be added to your bill.

£14.95





TO START

£16.95

£15.95

£13.50

£12.95



MEAT

Carpaccio of Beef	of Beef
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WAFER SLICES OF BEEF FILLET WITH Smoked anchovies, caperberries , rocket, lemon, olive oil & parmesan. (D,FSU)

Char-grilled Chicken Caesar Salad

SLICES OF OF CHAR GRILLED CHICKEN SERVED ON A BED OF ROMAINE LETTUCE WITH PARMESAN. CROUTONS AND ANCHOVIES (W,E,F,MU,D)

Parma Ham

Buffalo mozzarella, parma ham, fresh figs, melon, with a basil & mint. (D)



Deep Fried Calamari

DEEP FRIED CHILLI CALAMARI IN BREAD CRUMBS, SERVED WITH TARTARE SAUCE (W,E,S)



Moules a La Crème	£14.95
Steamed mussels in a white wine, garlic, shallots, Jersey Cream, & parsley sauce. (MO,D,SU)	
Thai Mussels	£14.95
Steamed mussels in curried co- conut milk with bamboo shoots, spring onion, lemon grass & pak choi. (MO)	
All main course portions	£21.00



VEGETARIAN	
Avocado Salad (vegan) Hass avocado with fresh fig, galia melon, mint & basil	£12.95
Deep Fried Goats cheese Deep Fried Goats Cheese in Golden Bread Crumbs, with a beetroot salad and sweet Chilli Jam. (W,D)	£13.95
Saute Wild Mushrooms Wild Mushrooms on toasted bri- oche, topped with a poached egg and truffle oil. (W,D)	£13.95
Italian Tomato Buffalo Mozzarella Served in a pesto salad with fresh basil leaves. (D)	£12.95
Penne Pasta & Vine Tomatoes (v)	£11.95

WITH GARLIC, CHILLI, BASIL & BUFFALO mozzarella. (W,D,E)

Thai Green Vegetarian Curry (NEW) £11.95

Pac Choi Red Onions, green Chilli, bamboo shoots water chestnuts and spring onions (N) (Vegan)

A 10% discretionary service charge will be added to your bill.





MAIN COURSES



SHELLEISH

Shelleish		
1/2 Jersey Lobster	£34.95	Beer Battered Cod
¹ / ₂ LOBSTER, CRAB & PRAWN SALAD SERVED WITH JERSEY NEW POTATOES. (W,E,D,S,SU)		Served with musi cut Quayside chi
Whole Jersey Lobster	£63.00	SAUCE. (W,S,F)
Whole Lobster, crab & prawn salad si with Jersey New Potatoes. (W,E,D,S,SU)	ERVED	Sea Bream burre b
Fruits de Mer (serves 1 person)	£79.00	Two grilled fill bream Served wit blanc fish sauce.
^{1/2} LOBSTER, MUSSELS, SMOKED SALMON, CRAB CLAW, COCKLES, OYSTERS & GAM- BAS, WITH A LIGHT SALAD, SERVED WITH JERSEY NEW POTATOES. (W,D,S)		BEANS, BROCCOLI & Pan-fried Fillet of
Thai King Prawn Curry	£28.95	WITH A CREAMED Asparagus, sprou
green Thai curried coconut milk sauce with spring onion and pak choi. with delicious King prawns(S)		MUSSELS, PERNOD
Whole Crab (Amazing)	£38.00	Crushed Jersey N
A WHOLE MEDIUM SIZE CHANCRE CRAB SPLIT IN TWO, READY TO PICK SERVED	250.00	ED SPINACH, SERVE White wine sauc
WITH A MIXED SALAD, & JERSEY NEW POTATOES, (S,D,E,SL)		Whole Grilled Pla
Grilled Lobster (NEW)	£37.00	Served with lemo ter, French bean
1/2 lobster and French Crevettes with garlic butter , chorizo served with	ł	POTATOES. (D)
fragrant coconut rice (S,D,Ch)		Dover Sole
Lobster Thermidor	C2E 00	grilled Dover Sc bone, with new i
	£35.00	SEASONAL VEGETAB
1/ 2 LOBSTER REMOVED FROM THE SHELL, DICED AND COOKED WITH WHITE WINE, Shallots, Garlic, Dijon Mustard and		TARTARE SAUCE. (D
PARMESAN CHEESE AND CREAM WITH A		Oven Baked Cod H
few drops of, cognac on a bed of rice. (S,D,MS,SL)		TOPPED WITH A REI
		CIA CRUST, SERVED (Chorizo, Chickpe)
Royal Surf & Turf	£63.00	GRILLED BABY GEM.
CHAR-GRILLED FILLET STEAK COOKED TO	~	o
ORDER WITH A 1/2 LOBSTER TAIL. AND FREN PRAWNS. SERVED WITH A PARMESAN ROCK-	СН	Quayside Luxury F
et salad, & French fries. Garlic butted optional (S,D,SL)	R	DICED COD, LOBSTE MUSHROOMS TOGET GREENLAND PRAWN
SURF 'N' TURF		BAKED IN A BEUTIFU SAUCE TOPPED WITH TO AND GRATED CH
JONI IN LONI		Turbot (NEW)
Rib-eye & King Prawns	£33.95	Steamed turbot fi courgette & Basil
CHAR CRITER OCT DIR EVE STEAK (COOVER		& FENNEL POACHED

CHAR-GRILLED 80Z RIB-EYE STEAK (COOKED TO ORDER)TOPPED WITH GARLIC KING PRAWN TAILS, SERVED WITH A ROCKET, RED ONION & PARMESAN



FISH

£26.95

£26.00

£27.95

£45.95

ED WITH MUSHY PEAS, HAND QUAYSIDE CHIPS & TARTARE E.(W,S,F)

Bream burre blanc

GRILLED FILLETS OF FRESH SEA M SERVED WITH A DELICIOUS BURRE ic fish sauce, served with French is, broccoli & French fries (D,F,SL)

fried Fillet of Seabass

H A CREAMED SAFFRON SAUCE AND MUSSEL SAUCE, RAGUS, SPROUTING BROCOLLI & NEW POTATOES. sels, pernod and saffron sauce (F,D,M,SL)

Pan fried Fillet of Salmon	£27.95
Crushed Jersey new potatoes, wilt- ed spinach, served with a creamed white wine sauce. (D,F,SL)	

ole Grilled Plaice on the bone £26.95

ed with lemon & chive but-French beans & Jersey new TOES. (D)

er Sole

led Dover Sole Served on the e, with new potatoes, and ONAL VEGETABLES & HOME MADE ARE SAUCE. (D,E,F)

Baked Cod Fillet £25.95

D WITH A RED PEPPER & FOCAC-RUST, SERVED ON A CASSOULET OF UZO, CHICKPEAS & SHALLOTS WITH ed baby gem. (F,W)

side Luxury Fish Pie £26.95 COD, LOBSTER, EGGS AND ROOMS TOGETHER WITH land prawns & crab. IN A BEUTIFUL QUAYSIDE TOPPED WITH MASHED TOTA-D GRATED CHEESE. t (NEW) £39.95 AED TURBOT FILLET WITH

COURGETTE & BASIL PUREE & Fennel poached IN SAFFRON (F,C,M)

A 10% discretionary service charge will be added to your bill.





MAIN COURSES



Pastas / Risotto / Vegetarian

Seafood Linguine A MIX OF CRAB, FISH AND MUSSELS AND PRAWNS, CHILLI, GARLIC & BASIL. (W,S,E,F,M,SL)	£27.95
Smoked Haddock Risotto With Chive Snippets & Parmesan. (D,F,SL)	£24.95
Wild Mushrooms Penne Pasta (v) With black truffle, basil pesto and Jersey Cream (W,D,E,SL)	£22.95
Wild Mushrooms Risotto (v) Panfried Wild Mushrooms in a cheese and cream sauce, served in a bed of risotto topped with rocket. (D)	£22.95
Thai Green Vegetarian Curry (NEW) Pac Choi Red Onions, green Chilli, Bamboo Shoots water Chestnuts and Spring Onions (N) (Vegan)	£22.95

SIDE ORDERS All side orders £6.50

Green Salad	Vegetables of the day (D)
Mixed Salad	Sauteed Mushrooms (D)
New Potatoes (D)	Dauphinoise Potatoes (D)
Hand Cut Chips	Baby Spinach
French Fires	Fragnant Basmati Rice



FROM THE GRILL

95	Panfried Breast of Chicken With Dauphinoise potatoes, Wild Mushroom & Tarragon Jus. (D,W,SL,C)	£24.95
.95	Soy Glazed Breast of Duck With Dauphinoise potato, sesame pak Choi & a bitter orange jus. (W,SOY,C)	£24.95
.95	Quayside Flamed Grilled Burger With melted cheddar cheese, bacon, hand cut Quayside chips & salad. (W,D,E,F)	£21.95
.95	Chargrilled 10oz Ribeye Steak Served with wild mushrooms, spinach, Cherry Tomatoes, hand cut Quayside Chips, peppercorn sauce & béarnaise sauce on the side. (D,E,SL,W)	£34.95
95	Chargrilled 80z Fillet Steak Served to order with wild mushrooms, spinach & cherry tomatoes, Jersey New Potatoes, peppercorn & béarnaise sauces on the side. (D,E,SL,W)	£34.95
	Chicken Shnitzel (lunch time only)	£22.95

WITH CHEESE, BACON SAUCE, SALAD & POMMES FRITES. (W,D,)

A 10% discretionary service charge will be added to your bill.





- ① Cereals containing gluten, namely: wheat (spelt and khorasan), rye, barley, oats or their hybridized strains and derivatives, except:
 - a) grain-based glucose syrups, including dextrose (*);
 - b) grain-based maltodextrin (*);
 - c) barley based glucose syrups;
 - d) cereals used for manufacturing alcoholic distillates, including ethyl alcohol of agricultural origin;
- ② Crustaceans and products based on shellfish;
- 3 Eggs and egg-based products;
- *(i)* Fish and fishery products, except:
 - a) fish gelatin used as a support for vitamin preparations or carotenoids;
 - b) gelatin or isingluss used for the clarification of beer and wine;
- 5 Peanuts and peanut-based products;
- 6 Soy and soy based products, except:
 - a) oil and refined soy fat (1);
 - b) natural mixed tocopherols (E306), natural D-alpha tocopherol, natural D-alpha tocopherol acetate, soy-based D-alpha tocopherol succinate;
 - c) Phytosterol derived vegetal oils and soy-based phytosterol esters ;
 - d) vegetal stanol esters produced by soy-based vegetal oil sterols.
 - Milk and milk-based products (including lactose, except:
 - a) whey used for manufacturing alcoholic distillates ;
 - b) latito;

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⑧ Nuts, more precisesly:

almonds (Amygdalus communis L.), hazelnuts (Corylus avellana), walnuts (Juglans regia), cashew nuts (Anacardium occidentale), pecan nuts [Carya illinoinensis) (Wangenh.) K. Koch], brazilian nuts (Bertholletia excels), pistachios (Pistacia vera), macadamia or Queensland nuts (macadamia ternifolia), and their products except for nuts used for manufacturing alcoholic distillates, including ethyl alcohol of agricultural origin;;

- *(9) Celery and celery-based products;*
- *Mustard and mustard-based products;*
- *D* Sesame seeds and sesame seeds-based products;
- ② Sulfur dioxide and sulfites in concentrations above 10mg/kg or 10mg/l in terms of the total amount of SO2 to be calculated for the products as they result ready to consume or reconstituted as per manufacturers instructions;
- *(I) Lupines and lupines-based products;*
- \mathcal{D} Mollusks and mollusks-based products;

(*) And all the derived products whose transformation does not impact on the level of allergy

